



# Growing with Jesus

You are about to start a project that can help you become more like Jesus. Your adult helper will help you choose your project and encourage you as you follow each step together.

1. Pray for God's leading in your project.
2. Name one thing in your life that you would like to improve.
3. Use your concordance to find and read what the Bible has to say about this. List the texts.
4. Explain exactly what you would like to do better. Choose something that will help you serve Jesus and others better, something that is truly important to you.
5. Pray for God's help and blessing on your decision.
6. List things that can be done to help you make this change.  
Your adult helper can give some suggestions.
7. Act on your decision.
8. Caution! Changing a habit is hard. If you make a mistake, ask God's forgiveness. Learn from your mistake, then don't think about it anymore. Plan to do it right next time instead. Thank Him every time you do it right.
9. Meet with your adult helper at least once a week to talk about how it's going. If you need to, make changes in your goal and what you are doing to reach it. Be sure to pray together for God's help.
10. It takes at least three weeks to begin to change a habit. You will have to keep praying and working hard, even after you begin to see changes.
11. When you have been meeting your goal for three weeks, have a special celebration and a prayer of thanksgiving with your adult partner.

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\_\_\_\_\_ has successfully "completed" his/her project.

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Prayer Partner's signature

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Helping Hand's signature